Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Sunday 20 Aug 2023 until 23:59 on Monday 21 Aug 2023

Forecast Issued on Sunday 20 Aug 2023 at 02:24 by Met Office Aberdeen

Confidence: High confidence in low pressure system moving away to allow more settled conditions by mid-week. Lower for detail of rainfall Monday.

Headline for Sunday 20 Aug 2023: Sunny spells and scattered showers at times. Breezy.

Mountain weather hazards on Sunday 20 Aug 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
No Likelihood

Poor visibility
No Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny intervals	Sunny intervals	Light rain showers	Light rain showers	Sunny intervals	Cloudy
Precipitation probability					
30%	30%	40%	40%	30%	30%

Forecast for Sunday 20 Aug 2023

Weather: Patchy cloud and sunny spells throughout the day. Scattered showers at times, most frequent during the afternoon but generally light, chance of some heavier showers later in the evening.

Chance of cloud-free hill tops above 800m: 80%

Low cloud and visibility: Scattered low cloud base 700-800m at first, soon lifting. Visibility generally good, temporary reductions in showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 20 Aug 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	40/47 SW	32/40 S	32/42 SW	30/40 SW	28/37 S	32/41 S	33/42 S
900	39/46 SW	30/39 S	31/40 SW	29/39 SW	27/35 S	30/39 S	31/40 S
600	29/35 S	25/33 S	25/34 SW	24/33 SW	19/27 S	20/29 S	21/30 S
300	8/31 SW	9/29 S	10/31 SW	11/31 SW	7/26 S	5/26 S	6/27 S
Glen	9/22 S	12/25 SW	15/30 SW	15/29 SW	9/22 SW	9/22 S	12/27 S

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	8/2	8/3	9/4	9/4	10/5	9/4	9/4
900	9/3	9/4	10/5	10/6	10/6	10/5	9/5
600	11/7	12/8	12/8	13/9	13/10	12/8	12/8
300	14/12	15/13	15/14	16/14	16/15	14/13	14/13
Glen	16/14	17/15	18/15	18/15	18/17	16/15	16/14
Freezing Level*	2100m	2100m	2200m	2200m	2200m	2200m	2200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be aware of strong summit winds.

Forecast for Monday 21 Aug 2023
Weather: Clouding over in the early hours with showers developing across the west. Then a cloudy day with showers or longer spells of rain continuing through the day, extending eastwards in the afternoon and evening. Rain will become heavy at times, especially across Skye and northern Lochaber. Windy.

Maximum wind: Southerly 20-25mph gust 35-40mph

Chance of cloud-free hill tops above 800m: 50%, best chance in the sheltered east of the region

Low cloud and visibility: Areas of cloud down to 500 metres developing in the morning across the south and west of the area, this may break up for a time in the afternoon before returning by evening.

Temperature: **Glens:** Plus 14 rising to plus 18 Celsius
At 800m: Plus 7 rising to plus 10 Celsius
Freezing level: Above summits

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